

Post Polio Syndrome

A 5 Day Course to Aid Clients with Post-Polio Syndrome



5 day intensive course ran by a multidisciplinary team of:



Physiotherapists



Occupational Therapists



Orthotists



Massage Therapists



Personal Trainers



CBT Therapists



Dieticians

What will you receive?

1

You will be **individually assessed** on your condition and gain information on where you are currently at and an idea on future progression.

2

You will be provided with an **education toolkit** to help you self-manage but also an **outcome report individual to you** that will help to guide any future Clinicians you work with.

3

Treatments such as **massage, gym, hydra pool, mindfulness, volcanic mud wraps, geothermal hot pools** will be included in this uniquely tailored program, a first of its kind in NZ.

Cost & Booking

For private clients, the 5 day course is available for a total of **NZD \$2999.00** per person (lunch included). On site accommodation can be provided at an additional cost. See next page for selected DHB's that fund this course, referral is required.

Contact

For bookings and further information please contact: **referrals@qehealth.co.nz**



Proudly supports this course, visit us at www.duncanfoundation.org

QE Health Exclusive Offer!

Receive a fully accredited Duncan Foundation polio assessment for **NZD \$500.00**. This also includes an orthotics assessment.

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DHB's that have contracts with QE Health at present are:

Midcentral which includes:

- **Hawkes Bay**
HB DHB Rheumatology Service
(Referral Required)

- **Wairapa**
Greater Wellington Rheumatology Service
(Referral Required)

- **Capital & Coast**
Greater Wellington Rheumatology Service
(Referral Required)

- **Hutt Valley**
Greater Wellington Rheumatology Service
(Referral Required)

- **MidCentral**
MidCentral Rheumatology Service
(Referral Required)

- **Whanganui**
MidCentral Rheumatology Service
(Referral Required)

Other locations:

- **Waikato DHB**
Rheumatology service
(Referral Required)

- **Lakes DHB**
(GP Referral Required)

- **Taranaki DHB**
(Taranaki Specialist Referral Required)



www.qehealth.co.nz

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PO Box 1342, Rotorua, NZ | E: referrals@qehealth.co.nz (for all course enquiries).